

# Extra Mile Timing Roster Instructions

## CYO Track & Field 2025

Each team will be invited to Extra Mile Timing, Teams must have roster of athletes up to date.

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1. Log in to MileSplit. Click on Account, My Teams, Click on your team.

### Team Relationships

#### Admin of

- o St. Bridget MS

2. Click on Edit Team, Click on Roster

3. Check the box for Outdoor for kids already on their Roster

Adjusting seasons is automatically saved and determines which athletes appear in meet registration.

ID	LAST NAME	FIRST NAME	GENDER	GRADYEAR	XC	INDOOR	OUTDOOR
		Conquer	Logan	M	2028	<input checked="" type="checkbox"/>	<input type="checkbox"/>
		DeLaRosa	Tristin	M	2028	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		DeSantiago	Ileana	F	2032	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		Escobedo	Luca	M	2028	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		Ortega	Christian	M	2028	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		Pinzon	Emilio	M	2028	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		Rollins	Andrew	M	2028	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

4. Click on Add Athlete, Add Name, Gender and **HS GRAD YEAR** and click Add

**GRADUATION YEAR IS BASED ON HIGH SCHOOL GRADUATION!!**

A LEVEL	Grade <b>2029</b>	Grade <b>2030</b>
B LEVEL	Grade <b>2031</b>	Grade <b>2032</b>
C LEVEL	Grade <b>2033</b>	Grade <b>2034</b>

**Add Athlete**

**Import Roster**

FIRST NAME:

John

LAST NAME:

Doe

GENDER:

Male

HS GRAD YEAR:

2028

SEASON

XC  INDOOR  OUTDOOR

Add

Once invited, Schools will register their team into the meet and add athletes by division.

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On MileSplit, via the link for the meet who are attending, click the green "Register Online Now" button.

IGS CALENDAR ATHLETES TEAMS COVERAGE TRAINING REGISTRATION MORE

**Meets #4 2024**

Hosted by: Catholic Youth Organization (CYO)  
Timing/Results: Extra Mile Timing  
Registration Closes in 16 days

Register Online Now

Meet Manager

Click Next.

Register New Entries

Click Next to register as a School

Next

[4/6 Regional #1 Alemany](#)

[4/6 Regional #2 Damien](#)

[4/13 Regional #3 St Paul](#)

[4/13 Regional #4 St Anthony  
Athletic Complex](#)

Choose the team that you are registering. Click Next.

## Choose Team

Choose the team you want to register.

St. Bridget MS

Search for your team

Search

Next

Please enter a contact and a good cell phone number for at least one coach. Adding more than one is even better! (This info is only for this meet, please list someone that will be available if a question arises.)

Click Next.

## Edit Contact Information

Choose contacts to update

First Name

Track

Last Name

Coach

Phone \*

818-590-9569

Remove me as a contact

Would you like to add other coaches as contacts?

f11-657245e0-bdbf-400e-

targ .

Add

Next

Select all divisions that you might have athletes competing in at the meet. Click Next.

### Choose Divisions

Select the Divisions your athletes will compete in.

**Important:** Removing a division will automatically unregister any athletes from events within that division.

#### MS Boys

<input checked="" type="checkbox"/> A (7th & 8th)	<input checked="" type="checkbox"/> B (5th & 6th)	<input type="checkbox"/> C (3rd & 4th)
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#### MS Girls

<input checked="" type="checkbox"/> A (7th & 8th)	<input checked="" type="checkbox"/> B (5th & 6th)	<input type="checkbox"/> C (3rd & 4th)
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Next

Click Skip Import

### Import Entries from :

Choose the the meet you'd like importing.

No previous meets found

Skip Import →

Click Add Entries next to a division that you are entering athletes into.

### Review & Edit Entries

By Event

#### Girls A (7th & 8th)

A Girls Participant

0 Entries



ADD ENTRIES

#### Girls B (5th & 6th)

B Girls Participant

0 Entries



ADD ENTRIES

Pick the athletes that are attending the meet, from the right column

A (7th & 8th) -- Genre Participant

### A Boys Participant Entries

Christian Ortega REMOVE

Luca Escobedo REMOVE

Event/Race Rules. You are allowed to enter as many athletes to this event as you like.

Missing athletes? Try the search or updating the roster. Athletes in the roster checked for Outdoor will appear.

#### Athlete Pool

Search Athlete

#### Athletes

- Tristin DeLaRosa
- Luca Escobedo
- Christian Ortega
- Emilio Pinzon
- Andrew Dillion

Save & Return to Event

If you don't see an athlete's name you can Edit your Roster (preferred method), or if they didn't run Cross Country you can Add Athlete at the bottom of the roster listing.

Andrew Rollins

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5 Athlete(s) [ADD ATHLETE](#) [EDIT ROSTER](#) 

Click Save & Return to Event

Click Done

On the Thank You page you can access a variety of printouts.